

C.A.R.E. NEWSLETTER

The Coalition for Addiction Recovery and Education

February 2022

WHAT'S BEEN HAPPENING?

Bailey Township Survey

We successfully hit our goal of over 100 responses to our Bailey Township survey. Through social media, Bailey and Rocky Mount Christmas Parades, high school vaccine clinics, and more- we have received a wide range of feedback across the community. This survey centers on programming that exists for Bailey residents, programming they would like to see, as well as demographic and stigma-related data.

The Bailey Committee has worked diligently to create a one-pager to distribute our findings, as well as recommendations for how to move forward to meet the needs of the community. This one pager will be finalized this month and presented to the coalition at our March meeting.

Farewell to our Planning Grant

This month, we finalize our HRSA/RCORP Planning grant. Over the past 18 months we've completed focus groups, a four part strategic planning process, identified gaps and services with Bailey Township, started building a data repository, designed a coalition website, and completed a community-wide survey in Bailey. In honor of finishing out this grant project strong, we will be reporting out at our next full coalition meeting to celebrate all that CARE has done over this 18 month grant period and get feedback as we continue into Implementation funding.

Implementation Grant

One of the first deliverables for our HRSA/RCORP Implementation grant is our Performance Improvement Management System (PIMS) Report. This is our main way to track and report back to our federal funders what the project is doing in our communities, as well as help us identify sectors still needing support. The google form with all of the measures HRSA wants us to collect will be distributed across the coalition. Please click [HERE](#) to fill this out if you have not done so already. This combined effort to capture data measures across the county will be compiled into an ongoing data repository, making it easier to track and identify gaps in services and community needs.

Black History Month



February is Black History Month, where we celebrate and reflect on the history, sacrifices, and achievements of African Americans across the nation. This year's theme is "Black Health and Wellness." This theme hits close, as we know the COVID-19 pandemic has disproportionately affected non-white communities. To read more about the history of Black History month and this year's theme, click [here](#).

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UPCOMING NEWS

NEW Launch of Nash County Mobile Clinic

Monarch and Trillium Health Resources have partnered to launch a new Mobile Integrated Unit. The ribbon cutting event was held on January 24th in Bailey, NC and was a great show out of coalition and community leadership. Participants were able to go in and tour the unit and talk through services planned for the community. For more information on what the mobile clinic will provide and how to plug people into resources, click [here](#).



SBIRT Training*

We are planning an SBIRT training with Nick Szubiak for the Spring of 2022. SBIRT stands for “Screening, Brief Intervention and Referral to Treatment.” This is an evidence-based practice that helps identify patients with substance use disorder. The goal of SBIRT is to reduce and prevent related health consequences, disease, accidents, and injuries. If you’re interested in this training, email yolanda_outlaw@med.unc.edu for more information.

Bailey Food Truck Event*

The Bailey Township Committee are planning an anti-stigma and community “Thank You” event to be held in Bailey Township with family fun and food trucks in the Spring of 2022. We are asking one representative from each of our CARE partners to attend with brochures, resources, and any other materials to share with the community. We will communicate more when we have firm dates and activities. If you would like to be a part of the planning, please join us at our next committee meeting. Email cassidy.rodgers@unchealth.unc.edu for the WebEx link!

*These events are scheduled with the hope of in-person community gatherings, but are subject to change in light of COVID-19 restrictions and guidelines closer to the event time. Any changes will be communicated as soon as possible.

Nash UNC Health Care Covid-19 Walk-In Clinic – Now vaccinating children ages 5-11

Nash UNC is running a Covid-19 Walk-In Clinic, offering both the Pfizer and Moderna Vaccinations. This clinic runs Tuesdays and Thursdays from 8:30am-4pm and Wednesdays from 12pm-6m at Nash Day Hospital. The Pfizer vaccine is now available to those 5 years of age and older. No appointment is necessary. We encourage you to take advantage of this opportunity as we continue to see the spread of Covid-19 across our community. All vaccines are free and don't require insurance or photo ID.

RESOURCES AND TRAININGS

Addiction Algebra, a three-year community research collaboration between Project Momentum, Inc, the Twin Counties Partnership for Healthier communities, and Lennell and Lillie Consulting Group are looking for organizational leaders and staff to participate in their study. Those that participate will be compensated for their time.

A bit about the project:

We are collecting data using a survey and a semi-structured interview to gain big-picture findings and data to assist with the communities' efforts to identify gaps in services. This research will allow us to do a deep dive into the social, political, interpersonal, and community level factors that perpetuate substance misuse.

We hope to utilize the results collected to create programs that will address community-based needs and provide essential resources.

This research project is made possible by the Kate B. Reynolds Charitable Trust.

To learn more, please feel free to contact Amber Hinson by email at amberpmirmt@outlook.com or by phone: (252) 977-0765 (Office) or (252) 462-1276 (Cell).

Area L AHEC

- February 4th: SPICE for the Dental Office (In-Person)
- February 28th: The Impact of Toxic Stress on Health and Your Role in Resilience (Live Webinar)
- March 23rd: Workplace Bullying
- Online Self-Paced Learning: Stimulant Use In Youth, Adolescents, and Young Adults

Find the full calendar and how to sign up for Area L AHEC trainings [here](#)

Eastpointe is providing the following trainings:

- February 8th and 9th: Crisis Intervention Team Training for Telecommunications
 - Wilson County Emergency Services Community Center
- February 10th: Effective Communication and Older Adults (11am via Zoom)
- February 11th: Key issues In Assessing and Treating Serious Mental Illness
 - Eastern AHEC – Greenville, NC
- February 23rd: Mental Health Crisis Intervention and Response (Zoom)
- February 25th: Mental Health and Retirement (Zoom)
- February 28th: CIT Training for Law Enforcement

Find the full calendar and how to sign up for Eastpointe trainings [here](#)



This month's articles in the spotlight:

[A Plea from People Who Use Drugs to Clinicians: New Ways to Initiate Buprenorphine are Urgently Needed in the Fentanyl Era](#)

[Training and Technical Assistance Related to COVID-19](#)

[Talking About the Link Between ACE's, Overdose, and Suicide](#)

WE'RE HERE FOR YOU!

We're here to help you and to pursue the mission and goals of the C.A.R.E. Coalition, if there's anything we can do to help please do let us know. **Our next C.A.R.E full coalition meeting will be March 1st, 2022.**

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CARE Workforce Engagement Committee
Meeting Minutes
February 1st, 2022 3:00-4:00pm
WebEx Meeting

Participants:

Michelle House – Freedom Hill

Tierra Norwood – NCC Small Business Center

Doug Green – CINC

Mysha Wynn – Project Momentum

Omari Richins – Kate B. Reynolds

Christie Davis- Uwah – Freedom Hill

Lewis Johnson – Open Door Recovery

- Meeting began at 3:05pm. Minutes from December 7th, 2021 were reviewed and approved with a second by Mysha Wynn.
- Tierra Norwood posed a question regarding dissemination of resources/sharing information
- Mysha posed the question of CARE becoming a 501(3) and suggested this be broached as a topic for consideration for the next CARE All Hands Meeting
- Doug Green will still be involved from CINC from a technical support role
- Request for volunteers to co-chair this committee. Mysha Wynn recommended we table this item and pose this questions to the entire coalition for the March meeting
- To Do's: looking at publishing resources already listed and create a QR code. Yolanda to pull from <https://www.nashcountycare.com/those-in-seeking-recovery> as a model. Yolanda to reach out to Mary Marlin for this line item of Opioid Navigator.
- Meeting adjourned at 4:00pm with first motion from Lewis Johnson and seconded by Tierra Norwood

**CARE MAT Committee
Meeting Minutes
February 1st, 2022 3:00-4:00pm
WebEx Meeting**

- 1) In attendance:
 - a. Lynn Hagwood, PORT Health
 - b. Amber Hinson, Project Momentum
 - c. Diane Porter, Nash Community College & Coastal Plain Hospital
 - d. Dave Peterson, Trillium
 - e. Katina Dial-Scott, Eastpointe
 - f. Yolanda Lewis, Eastpointe
 - g. Sandy Lamprecht, Eastpointe
 - h. Davis Greene, Nash UNC
- 2) MATs at Nash ED
 - a. No new updates; see former updates below
 - b. Dave Peterson did request a status update on the outcomes of this program, which is a thoughtful ask that I'll work to meet between now and our next meeting
- 3) MATs at Nash Detention Center
 - a. No new updates; see former updates below
- 4) Marketing
 - a. Great conversation was had about how to get the word out about the attached MAT resources; **if you have any location for where you'd like to share the attached flyer, I would be happy to provide glossy printed copies by mail (just send your address!)**
 - b. Confirmed outreach has been completed to multiple shelters for the homeless (thanks Amber!), a few churches (thanks Ruth!), law enforcement, and EMS
 - c. Ongoing outreach not yet confirmed to have been completed was to high-schools & DSS (I and anyone else to follow-up), along with DA offices and probation officers (Christie to follow-up)
 - d. New outreach includes the Oxford houses (Dave Peterson to assist), Halfway Houses (Sandy Lamprecht to assist), AA/NA meetings (Diane to assist), and primary care practices (I will assist)
- 5) Narcan
 - a. Nash UNC has Narcan and will be giving it out as part of an upcoming training 2/19 from 1 to 3:30pm:
 - i. "From Stigma to Science: Understanding and Helping Person with Substance Use Disorders", with Paul Nagy, LCMHCS, LCAS, CCS, CSI from Duke University at Bailey Church of God in Bailey, NC
 - ii. **RSVP by email to Yolanda Outlaw at yolanda_outlaw@med.unc.edu or by phone at 252-299-0372**
 - b. Additional source of Narcan exist:
 - i. NC DHHS has a portal for ordering directly from the state; please explore this possibility if you are a provider
 - ii. Direct Relief is another option that providers can explore
- 6) New Business
 - a. Outpatient psychiatry/psychology resources: do we have sufficient access for treatment? This discussion was not particularly robust as we lacked providers on our call. We'll work to get more participation next meeting.
 - i. First past at a list: Monarch, RM Treatment Center, PORT, Progressive, Integrated Family Services (?), Harvest, Freedom Hill, New Beginnings, and Innerlogic but we need to verify what providers exist at each location and the timing of services
 - b. Recovery meetings: do we have a comprehensive list of resources and can we promote them?
 - i. Davis to follow up with Yolanda on resources we previously identified with CARE
 - ii. Sandy, Diane, and others to share with Davis the resources they know about too