



Issue 11, Vol. 2

C.A.R.E. NEWSLETTER

The Coalition for Addiction Recovery and Education

November 2022

Narcan and Anti-Stigma Training

The final Narcan and anti-stigma training of the year was a success! On November 5th, Paul Nagy from Duke University once again came and delivered his talk “From Stigma to Science: Understanding and Helping Persons with Substance Use Disorders.” This was such a great way to end our Narcan training series this year as we had a significant number of providers attend this training! We are looking forward to hosting more of these in the New Year so, be on the lookout!

CARE All-Hands Meeting – Final 2022 Update

Our November C.A.R.E. Meeting was the last full coalition meeting for the year and it was jammed packed full of great updates and discussion. It was great to see everyone in person. Special thank you to Becky Copeland with Twin County Partnership and Sabrina Golling with Rural Forward NC for presenting on the Opioid Settlement funding and, how we hope it may be used in our community.

In this meeting, there were several goals identified in the robust discussion time, including the need for a CARE outreach/community events calendar. If you are interested in participating in a temporary planning committee to get this calendar started for early next year, please email Yolanda at yolanda_outlaw@med.unc.edu.

If you have yet to join a committee and would like to, there is still one more opportunity to do so – December committee meetings will be December 6th at 3pm via Webex. Both the Medication Assisted Treatment (MAT) and Workforce Engagement Committees will meet. If you are interested in joining either of these committee’s please reach out to Savannah Jenkins for MAT(sjunkins@cfhcnc.org) or Mysha Wynn for Workforce Engagement(projectmomentum11@gmail.com).

National Rural Health day - November 17th

This week, we celebrate National Rural Health Day and all of the community heroes that work to provide health and human services across our rural communities. We are so grateful to get to work with such incredible partners! From primary care providers to recovery support professionals to community members, you make Nash County and the surrounding areas thrive despite all of the barriers we have experienced. As rural grant recipients, we hope you will join us in reflecting on all of the good work being done to address substance use in rural communities across the nation and proudly wear #GreenforRural on November 17th! Click [here](#) to read more about National Rural Health Day 2022.





Follow Us on Facebook

Remember to Follow and “Like” our Coalition for Addiction Recovery and Education Facebook page (@NashCountyCARE) for real-time updates, celebrations, and pictures from community events! For the month of November, we are spot lighting our local community providers because we are grateful for all the work they do for our community to continue the work of prevention, treatment, and recovery! Click [Here](#) to see our page!

Psychostimulant Grant Has Begun

The HRSA/RCORP psychostimulant grant officially started on September 1st, expanding our opportunity to address substance use prevention, treatment, and recovery. This project award is \$500,000 over 3 years (September 1, 2022 thru August 31st, 2025). Funded partners with this grant include Bailey Pharmacy, Bailey Church of God/Open Door Recovery, Warren County EMS, Wilson County Substance Use Prevention Coalition, and Nash UNC Hospital. To read more about this project and other recipients, click [HERE](#).

From the MAT committee - MAT Treatment Survey

Within Nash County C.A.R.E. (Coalition), we see the value in everyone. We are made up of a collection of community members, healthcare providers, law enforcement, local government, and those in recovery offering addiction support, recovery, and education in Rocky Mount and throughout Nash County, NC. Through our open-table approach to collaboration, we want to be a catalyst for positive change. Since our beginnings in 2017, we are driven by the same ideas we initially founded our coalition upon by providing useful resources for addiction recovery, education, and support. The purpose of this survey is to collect and consolidate information regarding currently available MAT services and resources in and around Nash County. Click [HERE](#) to complete the survey.



A Call for Data from All CARE Partners – We Need You!

We continue to collect data for the Performance Improvement Measurement System (PIMS). These reports are submitted every 6 months for the remainder of the 3 year grant period. We would love to continue to get more people involved in the reporting of our community activities in conjunction with our coalition. The Google form with all of the measures HRSA requires us to collect can be found [HERE](#). Please click the link to fill this out if you have not done so already. This combined effort to capture data measures across the county will be compiled into an ongoing data repository. This is a needed resource to make the case for Nash County for programming, funding, and other opportunities regarding behavioral health and substance use disorders.



RESOURCES AND TRAININGS

Area L AHEC, is providing the following trainings:

- Online Self-Paced Learning: Youth Health Services Corp
- Online Self-Paced Learning: NC's Guide to Diabetes Prevention and Management
- Online Self-Paced Learning: Pain Management and MAT
- November 16th: Counseling During COVID: Taking Care of Them, Taking Care of You
- December 13th: Mental Health First Aid Training for Pharmacy Professionals

Find the full calendar and how to sign up for Area L AHEC trainings [here](#).

Eastpointe is providing the following trainings

- November 16th: Free Housing Training Webinars
- November 16th: Competitive Integrated Employment (Lunch and Learn Series)
- November 16th: Promoting Community Inclusion: Consultation Sessions with NC Community-Based Providers
- November 17th: Mental Health Stigma and the Older Adult
- November 21st: Substance Misuse and the Effects on Older Adults
- November 30th: Demand Reduction Webinar Series

Find the full calendar and how to sign up Eastpointe trainings [here](#).

THIS MONTH'S ARTICLES IN THE SPOTLIGHT



[Physician Response to COVID-19 Driven Telehealth Flexibility for Opioid Use Disorder](#)

[Building Sustainable Rural Substance Use Disorder Partnerships](#)

[The State of the Issue: EMS Departments Across North Carolina](#)



**CARE Full Coalition
November Minutes
Nash UNC Auditorium
3pm**

Attendance

Diane Porter – CARE Co-Chair and Certified Peer Support Specialist

Heather Moore – CARE Co-Chair and The Anchor Holds, Inc.

Doug Green – CINC

Amber Hinson – Project Momentum

Adrienne Williams – 4-H Youth Dev & Family & Consumer Sciences, NC Cooperative Extension

Dave Peterson – Trillium

Scott Rodgers – Nash County Assistant Manager

Becky Copeland – Twin County Partnership/Nash UNC Health

Sabrina Golling – Rural Forward NC

Cassidy Rodgers – Nash UNC Health, HRSA/RCORP Project and Data Coordinator

Yolanda Outlaw – Nash UNC Health, CARE Designated Administrator

Davis Green – Nash UNC Health, VP Operations

Yolanda introduced the co-chairs, Ms. Diane Porter and Heather Moore and asked for Announcements from the coalition

Announcements

- Dave Peterson with Trillium shared that if anyone is in need of Mental Health First Aid training, send Dave and email and he can connect you to training department (8 hours)
 - Adolescent and Adult Mental Health First Aid both being offered
- They also got medication disposal kits
 - Dave.peterson@trilliumnc.org
- Adrienne Williams shared that the Cooperative Extension have upcoming activities and are looking for willing partners to work alongside, email adwill23@ncsu.edu
 - Yolanda to send full coalition any materials Adrienne is able to share
- Last Narcan Training for the year 11/5/22 with Area LAHEC, email Yolanda to register

Yolanda reviewed the agenda for the meeting and encouraged a dynamic discussion



Yolanda - Prevention Awareness Dates for November 2022 slide included lung cancer awareness month, American diabetes month, world kindness day, international survivors of suicide loss day, and more.

Yolanda – shared the Vision, Mission, Constituency, and Guiding Principles/Values of CARE

Featured Speakers: Sabrina Golling (MDC/Rural Forward) and Becky Copeland (Twin-County Partnership)

- Becky Copeland shared about the collaboration of Twin County Partnership and their three focus area of physical and behavioral health, active living, and “3 C’s” (communication, collaboration, community engagement)
 - Physical and behavioral health workgroup has been working to educate community partners around NC Opioid Settlement funds
- Sabrina Golling shared the specifics of the NC Opioid Settlement funding, highlighting that it will be ongoing for 18 years, that community voice is built into the Memorandum of Understanding for each county that receives funding
 - Goal is to help community members feel they have a good understanding of what the funding is and that they have a direct opportunity to share where they see needs

Committee Reports

-MAT Committee: Davis Green

- Looking at changing the time of the MAT meeting to accommodate provider’s schedules
- Encouraged to complete the survey for MAT Treatment in the community if you are a community provider
 - Working to re-engage providers through Halloween “trick or treat”

-Workforce Engagement Committee: Yolanda Outlaw

- Working to curate a singular place for resources, as they consistently get feedback that there are no resources/they are inaccessible
- Working to create a resource guide that include direct contact information to organizations, providers, etc.
 - Due to have this published on November 15th, 2022

-Bailey Committee/HRSA Project Office: Cassi Rodgers

- Success of the SBIRT Training in September
 - PIMS and Bi-Annual Progress Report were submitted. Priority area’s for growth included:
 - Recruit, Train, and Mentor MAT Support Staff
 - Workforce Recruitment and Development
 - Optimize Reimbursement
 - Expand digital advertising/educational content for social media

HRSA Scholars Program Update

- Ongoing meetings with school liaison’s
- Doug Green recommended reaching out to BW as they are the biggest primary care provider in the area
- Dave Peterson asked if Progressive and Integrated Family Health



Review of the Data: Yolanda Outlaw

- Trending down (8% decrease) for OD data in the ED across the county in September while state of NC is trending up at about 9%.
- Fentanyl still largely on the rise in
- Nash County Sheriff's Office and EMS Encounters for January- October were shared
 - September and October overdoses have drastically gone up, as have overdose related deaths. 13 of the 15 deaths in the county occurred in those 2 months.
- Yolanda shared the Recovery Ecosystem Index Score from the NORA HRSA Project
- Nash County currently has a Recovery Ecosystem Index Score of 3.0 (1 = strongest, 5 = weakest)
 - Need for drug court, recovery housing, increased reporting for coalition

New Business – Request for Discussion

Adrienne Williams → shared that goal of Nash County Extension. Looking for partners to reach more people in the community

Heather Moore → Wanting to collaborate with At Risk Health to provide SEP bags as a harm reduction framework. They give 2 boxes of Narcan per SEP bag. Would love collaboration for anyone that would like to partner.

Diane Porter → would like to see more emphasis on mental health with substance use. Family education is needed to recognize mental health/signs of substance use within your own household. As a certified peer support specialist, has heard people hurt by their families who do not understand the disease component of substance use/mental health. Shared the need to teach difference between enabling vs. loving

Yolanda Outlaw → Community forums, family members opportunities to ask questions to get a better understanding.

Heather Moore → Previous history of rally's within CARE. Had speakers, music, providers, recovery community of NC, impact statements of shoes that showed the OD #'s in Nash County. Shared a desire to get back to the community.

Reminder that many of today's students have parents who have a history of substance use.

The need for an outlet, something "to do."

Sabrina Golling asked if there was a catalyst to this rally or if there was something else. Heather shared that as a mom of kids who were in active addiction

→ Candlelight Vigil

Doug Green → what policies are actively enhancing the access to substances? Shared personal experience of "thanking you for supporting our farmers" when buying cigarettes underage. Same understanding of alcohol as well.

→ Not only policies within county but policies within the home



- Primary care provider out in the county
- Use of locking medication, beer fridges, limiting amount of alcohol that has in fridge
 - Wake County neighborhood that incorporated regulation that all residents with fridge in garage has to have a lock on it
- Easy concepts for parents
 - Similar trend/social change as push for locking firearms – same thing for locking medications

Nashville Farmer's Market (Fridays 4-7pm and Saturday during day)

Dave Peterson shared that of all that was said, Trillium does sponsor events and would be open to partnerships. They would also be willing to collaborate for educational needs.

Packing lockboxes with information, resources.

Need for a Calendar Creation that align with observance months

Next, all hands meeting January 10th, 2022 at 3pm

Heather Moore made motion to adjourn and Ms. Diane Porter seconded at 4:31pm